

Garden Songs: Training Agenda

Designed for Community GroundWorks Intern Orientation Week

Led by Amanda Hoffman • June 14th, 2017, 8:30am-9:30am

Thank you, gardeners, teachers, artists, and learners, for sharing your time!
We will follow the list of activities below, as time (and group preferences) allow.

Please take care of yourself during our time together – you know best when you need to share a thought, or step away

Intro – 7 min

1. Alisha Introduces
2. We sing!
3. Share expectations about how we'll act together – patient, respectful
4. Review agenda

Building a Sense of Group – 5 min

5. Breath together
6. Construct sentence as group
7. Sing a song

Thinking about Singing – 15 min

6. How singing enriches garden education.
7. Why you are here? Small groups
8. Temperature game – stand *here* if you identify with *this* statement
9. Silent reflection on music and education

Learning to Sing – 10 min

10. Singing warm ups and exercises
12. Song leading strategies you see happening?
13. Anyone want to try?

Singing and Garden Education - 20 min

14. Singing and Group Management
15. Singing and Body Groundedness
16. You try?

Closing Reflection – 3 min

17. Write, draw, consider, share what you will remember
18. Sing a song!